

# Save the Dates!

## FREE Informational Parent Workshops

School Personnel Welcome!



**October 6, 2011**

**Regional College Fair for Middle, Jr. High and High School Students on an IEP/504 Plan** – Come talk with college reps and successful college students! Learn which college/university is best for you, how high school is different from college and how to plan and pay for college. You will also learn how to partner with your school district to be sure planned actions are documented on the IEP and other official forms. Remember: planning begins in middle school! **Please note this event will be held at the Vineyard Community Church, 11340 Century Circle E, Tri-County, 45246, 4-8:00PM.**

**November 2, 2011**

(RSVP October 26)

**Nurture, Foster, and Support Resiliency in Your Child to Address Behavior/Emotional Challenges** – Youth and families who have special challenges such as anxiety, depression, behavior, and emotional disorders, are likely to need more support than the average individual. Terre Garner, founding member of the Ohio Federation for Children’s Mental Health, will highlight tools to strengthen kids and families and present strategies for parents/students as they navigate challenging times. She will share resources/supports that families can access for help, provide tips on collaborating and working with schools, and will share ways to recover and move forward in spite of challenges. Come listen to Terre’s personal journey with her own son, which led her in the direction to help other families and individuals.

**January 18, 2012**

(RSVP January 11)

**A Positively “Positive Approach” to Understanding ADHD** – Don’t miss this positive approach to changing negative perceptions of ADHD. Become educated on what it truly means to live with ADHD and how expert, Joyce Kubic, who is an ADHD coach and an adult with ADHD, sees this as the best thing that ever happened to her! Watch a video and learn how we’ve spent far too much time focusing on “what’s wrong with this picture” instead of learning how to take our positive qualities and use them to overcome our more challenging concerns.

**March 14, 2012**

(RSVP March 7)

**The Frazzled Family**– Does it feel as if your life is a giant “to-do” list and that its’ demands exceed the number of hours in a day? Are your family members overscheduled and family time not scheduled at all? Scott Osterfeld, with the Beech Acres Parenting Center, will share strategies to help you manage your stress more effectively by understanding your triggers, your response and ways to manage both.

**C.A.R.E Program** – Nick McCarthy, Patrol Officer, Colerain Township Police Department, will share information of the Children and Residents Encounter Program, where specific information (personality traits, triggers, etc.) of persons with disabilities, is gathered into a voluntary registry. This data will provide advanced knowledge of each persons’ needs when there is a call for service at a residence, or place, or school, thereby, assisting the officers with a peaceful resolution.

*Location:* Houston Educational Service Center  
3310 Compton Road  
Cincinnati, OH 45251

6:00PM – 8:00PM  
FREE Light Dinner!  
Adults Only Please

- ★ For further information and/or to RSVP, please contact Nancy Dragan, Parent Mentor, NWLSD at 522-6700 x28 or email [ndragan@nwlsd.org](mailto:ndragan@nwlsd.org).
- ★ These valuable workshops are made available to you by the Northwest Local School District Parent Mentor Program, Title I Program, and the Student Services Department. Come meet other parents and professionals while we learn, share, and network, so you can.....
- ★ STAY Informed ★ STAY Connected ★ STAY Committed  
.....to your child’s success!!

